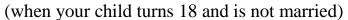


## Be Proactive:





## 1. Become your child's Power of Attorney (POA)

A power of attorney gives someone permission to act on their behalf in legal matters, like writing checks or signing official documents. A POA can be general, giving you broad power, or special, giving them power only over specific situations. You should choose the durable POA, your powers will remain in effect if you become incompetent or incapable of handling your affairs.

This can be done for free and by specific state. Example: <u>POA Website</u> Information you would possibly include to allow you access: bank accounts, rental property, tax matters, employment benefits (retirement, paycheck, 401K, life insurance)

2. Have child create an emergency packet that can be put in safe place that only you know where to find it.

## This should include:

- a. Copy of current driver's license, student ID card, passport, social security card
- b. List of all accounts with username and password; which include computer, banks, credit cards, social media accounts, school accounts
- 3. Talk about GEO Location Apps on cellphones
  - a. Understand how they work
  - b. Do not always have location apps on
  - c. If walking alone, share location by sending as text to parent or friend
- 4. iCloud Back-up
  - a. Keep phone backed up to computer so that phone storage is low (ex. Pictures) or
  - b. Pay monthly fee to have more storage so that information is not lost
- 5. Talk about Safety
  - a. Be aware of your surroundings
  - b. Do not travel alone; walking, biking, running or traveling is always best in pairs
  - c. When using Uber/Lyft; confirm driver, style of car, tag before entering car and always tag someone to let them know how you are traveling so that Uber/Lyft are also aware and if any doubt, **do not** enter vehicle
  - d. Be prepared; make plans for what would you do in an emergency